

Friday 6th January



Hot Chocolate with the Head

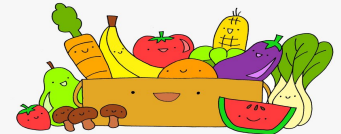
From Friday 13th January, Mr Armer will be starting 'Hot Chocolate with the Head'. This is where a child from each year group will be invited for a drink of Hot chocolate / juice / water and a snack in recognition of them going above and beyond or excelling in an area, not just academically.

Children will be nominated by staff and chosen by the Phase Leader each week.

Parents will be notified and, where permission is granted, the children will be shown on the weekly Newsletter.

If your child has done something that you feel is worthy of a hot chocolate then send in details to d.armer@newbrighton.wirral.sch.uk for them to be added

into the mix.



The 10th - 16th of January is National Obesity Awareness Week. A New Year will spur many people on to start their post Christmas Health kick. For some, this means setting health goals such as losing weight, following a healthier diet, and starting an exercise routine.

6 Top Tips for a healthy start to the year:

- Set a goal that motivates you
- Sit less, move more
- Drink lots of water
- Spend time outside
- Minimize intake of processed foods
- Have a positive, mental attitude



FREE TUTORING Maths/English Year 3 or 4

Help your child develop their maths and literacy confidence with our free 6 week course including:-

- A) A weekly classroom lesson
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For more information please visit www.elctutoring.co.uk

Centres in Bebington, Brimstige Hall, Greasby, Little Sutton, Bromborough & New Brighton

A Winter Poem

A winter poem ever so sweet,
About the birds who never thought they'd meet.
A little robin so very shy,
And one very curious magpie.
They live in a place full of snow,
Where no one has to feel low.
But the question is how do they meet?
Well, it all started with a bit of sleet.
They were both waiting for their one true love,
But of course they never came,
Until they both went out in the bitter cold night,
Could it? They might.
Shivering, cold,
The magpie flew over to the the robin.
It was love at first sight.
The magpie sheltered the robin with his sturdy wings.
The robin was not scared however,
She just knew their love would last forever,
In their cold, frosty home.

By Maya, 6JH



Warm Hubs

Every Wednesday, 11am -2pm

at St Joseph's Parish Centre, Wheatland Lane, CH44 7ED on

Every Friday 12 - 2.30pm

at Sacred Heart Parish Centre, Moreton Cross, CH46 9QA

There are hot meals, unlimited tea and coffee available.

Join in a fun game of bingo or sit and chat to new friends.

Full range of SVP services available including requests for duvets and hot water bottles, flasks etc to keep warm at home.

Free Children's warm coats and support and advice re food and fuel.

This is a community friendship project and not just for people in need.

**KEEP WARM
THIS WINTER**

Medication in school.

Following recent advice from our Health & Safety providers, the procedures for administering medicines during the school day will change as from 1st January 2023.

For prescribed medicines; where possible, parents/carers are encouraged to discuss with the prescriber the suitability of medicines being prescribed in dose frequencies which enable them to be taken outside school hours (in exceptional cases where a child needs a lunchtime dose, the school must receive a written request from the parent giving clear instructions regarding how to administer the required dosage). The necessary form should be completed by the parent whenever a request is made - forms are available from the school office. Non-prescribed medicines such as Calpol should also be given outside of school hours.

We will no longer have a supply of school Calpol.

Deadline fast approaching for primary school places

Parents across Wirral are reminded that applications for admission into Wirral primary schools next autumn must be made by **Sunday 15 January 2023**.

Parents of children born between **1 September 2018 and 31 August 2019** will have to apply for a primary school place for their child by the deadline of **Sunday 15 January** to give their child the best chance of getting a place at one of their preferred schools.

Applications can be made on the School Admissions website. Parents who cannot apply online can complete a paper application form.

The deadline for postal applications is 5pm on Sunday 15 January, and for online applications is midnight on Sunday 15 January.

Offers will be sent to parents/carers on Monday 17 April 2023 by e-mail for online applicants or by second class post for paper form applicants.



Dedicated to dancing

Amelia, Year 5, has been awarded the Danza trophy for improving in tap, ballet and street dance. Fantastic effort!



This week in Sweetpeas we have been practising our singing ready for our grown ups to come and watch us and setting goals for the New Year. We would like to learn to read, swim and sing in 2023!



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» familytoolbox.co.uk





COFFEE MORNING

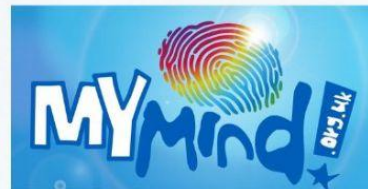
Wednesday 18th January

9-11am

Lower Hall




**This month we will be joined by
Sophie from CAMHS, who will be
talking about worries, anxieties and
the CAMHS service**

CAMHS
Child and Adolescent
Mental Health Service





Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mac & Cheese Macaroni pasta mixed with a homemade cheese sauce and served with or without a rash of smoked bacon</p>	<p>Brunch Sausage, bacon, and scrambled eggs served with crusty baked beans and crusty bread</p>	<p>Roast Dinner Choose from home roasted turkey breast or a Quorn fillet served with roast potatoes, Stuffing balls & gravy</p>	<p>Katsu Curry Choose from breaded chicken goujons or Quorn pieces baked in the oven and served on a bed of basmati rice with a homemade Katsu curry sauce</p>	<p>Fish and Chips Choose from battered cod fillet, cod fillet fish fingers or a simple salmon fillet all baked in the oven & served with chips</p>
Served with				
Peas	Mushrooms and Tomatoes	Carrots and Cabbage	Broccoli	Peas or Beans
Or				
<p>Jacket potatoes served with a side salad are also available daily – chooses from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps or batch, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, and peppers.</p>				
				
And for dessert				
Iced Bun	Sticky Toffee Cake	Ice Cream	Chocolate Cake and Chocolate Sauce	Shortbread
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And finally, a drink				
<p>A selection of the following drinks will be available daily freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				