







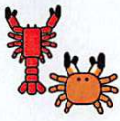





New Brighton Primary School - Week Two



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Mince and Mash Choose from fresh mince beef or Quorn mince cooked in stock with onions and carrots and served with homemade mash potatoes.</p>	 <p>Homemade Pizza Choose from cheese & tomato or pepperoni served with sweetcorn and potato wedges.</p>	 <p>Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	 <p>Spaghetti Bolognese Choose from fresh minced beef or Veggie mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with broccoli.</p>	<p>Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers in a wrap, or Quorn nuggets oven and served with chips and peas or baked beans</p> 
<i>Jacket Potatoes and Paninis are also available daily as a hot alternative</i>				
<i>Or</i>				
Deli Bar - Available Everyday				
<i>Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</i>				
Dessert				
<i>Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</i>				
Drink				
<i>A selection of fruit juices and water will be available daily</i>				

DISHES AND THEIR ALLERGEN CONTENT New Brighton week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Burger Day		✓											✓	✓
Chicken fillet burger		✓												
Spaghetti Bolognese		✓												
Quorn Bolognese		✓		/									✓	
Roast beef & Yorkshire pud		✓		✓			✓							
Quorn Roast		/												
Creamy Chicken Curry & Naan														
Quorn curry & Naan		✓		✓										
Salmon				✓										
Battered Fish & chips		✓		✓										
Fish Fingers & Chips		✓		✓										
Melting moments		✓												
Raspberry Muffin							✓							
Lemon drizzle		✓		✓			✓							
Chocolate Cookie		✓		✓			✓							
Flapjack														

Review date:

Reviewed by: