



Friday 20th December





THANK YOU!

School council have been overwhelmed with donations for the reverse advent calendar and would like to extend their thanks to you all. The generosity has been amazing and we know the donations will help those from our local community who need it the most this Christmas.







The MEGA Raffle has raised a whopping £837 towards our new minibus. Huge thanks to everyone who bought a ticket and congratulations to all the winners!!









Year 4 had great fun making healthy snacks. We used slicing, mashing and chopping skills to make veg crisps, veg sticks and hummus!





Christmas Crafts

Here are a few ideas to keep you busy over the Christmas holidays!





Run, run Rudolph!

This week, it was F1, F2 and KS1's turn to wear their antlers and red noses!





We raised an incredible £2,537







Thank you to all who donated!





What Parents & Carers Need to Know about

SETTING UP NEW DEVICES

At Christmas, millions of lucky children will be excitedly ripping the wrapping off new phones, tablets, computers or consoles. However, in the rush to let young ones enjoy their shiny gadgets, many parents neglect to set these devices up safely – increasing the chances of children going online and stumbling across adult content, making expensive downloads or installing unsuitable apps. A little time configuring the device properly can save a lot of anguish later. Here are our top tips to ensure that a dream gift on Christmas morning doesn't turn into a nightmare by New Year.

PASSCODES FOR IPHONE/IPAD

If your child's getting their own iPhone or iPad, you can set parental controls that make it difficult for them to access inappropriate content or download expensive apps. Once the device is set up, go to the Settings app and tap Screen Time, then select Use Screen Time Passcode and enter a passcode. Keep it to yourself so your child can't switch the protection off.

SCREEN TIME SETTINGS ON IPHONE/IPAD

Once you've set a
Screen Time Passcode,
you can adjust various
safety settings. You could, for
example, only allow communication
with people from the Contacts app, place
restrictions on App Store purchases and
apply age limits to movies, music and
web content. There are many more
protective options available within the
Screen Time settings section.

FAMILY LINK FOR ANDROID

Parents can manage Android phones and tablets, as well as Google Chromebooks, through Google's Family Link app.
This gives your child some independence (and their own Google account) but lets parents monitor which apps are being used, set limits on content and ensure that parental permission is required to install apps. Look for Family Link in the Google Play Store.

ADD A CHILD TO FAMILY LINK

The easiest way to add a child's device to Family Link is to set it up with its own Google account. It's a good idea to create this before they use their new phone, tablet or Chromebook. Once they're logged in, open the Family Link app on your phone, press '+' in the top right and add a new family member using their Google account details. Then follow the on-screen instructions.

FAMILY SHARING ON A MAC

Families using a Mac get similar screen time options to iPhone and iPad users. Again, if you're setting up a Mac for a child, make yourself the main admin and add them as a user. This is handled through Apple's Family Sharing service, which not only allows you to put controls on child accounts but share apps and other purchases with them too. Search 'family sharing' at https://support.apple.com.

DISCUSS IT WITH YOUR CHILD

PLAYSTATION PARENTAL CONTROLS

If you're planning to implement any kind of restriction or protection settings on your child's new device, we'd recommend having a discussion with your young one first about what these controls do, and what they are for. If you try to impose parental controls surreptitiously or with no advance warning, don't be surprised if your child tries to find a way around them.

SET AN ADMIN ON PCS

SET WINDOWS LIMITS

TREAT AN XBOX LIKE A PC

The same control settings you use for a PC can be used to apply parental controls on an Xbox.
Again, once your child is signed into the Xbox with their own account, you can then monitor and regulate their activity from a PC or web browser.
Microsoft's dashboard allows you to manage volce communication through the console: so you can limit who can

INSTALL XBOX FAMILY SETTINGS

If you don't have a PC, but your child does have an Xbox, it might be easier to use the Xbox Family Settings app for iPhone or Android. Here, you can restrict console screen time (particularly handy if the console is in a bedroom), restrict communication and monitor the types of game being played. There's also a feature where you can allocate spending money for games or in-game purchases.

STAY VIGILANT

It's important to remember that none of these methods is 100% foolproof. Nobody will ever invent flawless filters or parental controls – not least because what's unacceptable to some parents is perfectly acceptable to others. So although devices' parental controls will help to keep your child safe online, they work best side by side with good old-fashioned parental vigilance.

Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the Sunday Times, Which?, PC Pro and Computeractive. He's appeared regularly as a technology pundit on television and radio, including on Newsnight, Radio 5 Live and ITV News at Ten. He has two children and writes regularly about internet safety issues







National #WakeUpWednesday







7 questions to help you start a conversation with your child about online safety

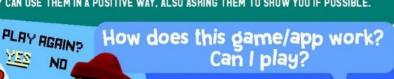


Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASH THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.



AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE. AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINH IS A DANGER TO THEM. IF THEY ACT LIHE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.







YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.

Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.



#WakeUpWednesday



Hot Chocolate with the Head

These children were invited to Mr Armer's hot chocolate afternoon. They were nominated by teachers and parents in recognition of them going above and beyond or excelling in an area, not just academically.



Well done to: Keegan, Hugh, Logan, Spencer, Aerie, Zara and Kyle.

If your child has done something that you feel is worthy of a hot chocolate then send in details to

d.armer@newbrighton.wirral.sch.uk

Thanks for all of the parent nominations last week, we take them all into consideration-looking forward to next week











Welcome back to our Wirral Mental Health Support Team (MHST's), parent & carer newsletter. This is our regular update from the local team supporting Wirral schools and colleges with all things mental wellbeing. We hope you have a lovely Christmas and a Happy New Year If you have any feedback about the newsletter feel free to contact us via cwp.adminmhst@nhs.net

If you would like to share your feedback with us, please scan the QR code above and select our service, MHST Wirral. Your feedback is really appreciated as it helps us improve our service for other children, young people, and families that we support. The feedback we capture will be anonymous

Screentime

Tips and a reminder for the holidays



Signs your child could be having too much screentime:

- Devices are interfering with sleep/they're more tired
- Trouble with focus or concentration.
- · Seeming anxious when away from devices.
- Prioritising device use over other activities (e.g. wanting to play video games instead of going to a friend's birthday party).
- Spending most of their day sitting or lying down with devices instead of moving.

Tips for healthy screentime over the holidays:

- Have daily limits and set time for screen time –
 introduce screen free zones & times e.g. meal times
 and bedrooms. Remove temptation & distraction
 by moving devices moved away/ charge
 downstairs.
- Talk openly about what children are doing/ seeing on their screens.
- Find family activities you can do away from screens (make Christmas cards, family board games night, walk in the woods.)
- 4. Pay attention to your own screen time is your own phone getting in the way of quality time/ connection? Is it setting the example you want to?

Click here to learn more about boundaries and screen time

Experiences of Mental Health Support in Schools when on the Autism Pathway

- . Is your child aged between 9 and 11?
- Has your child received support from an Educational Mental Health Practitioner?
- Is your child Autistic or waiting for a diagnostic assessment for Autism?
- Have you, the child's parent or guardian, received support from an Educational Mental Health Practitioner?

If so, then we would love to hear about your experience:

- We are inviting parents and children to take part in an interview together
- You will both have the option to be provided with a £15 gift card in appreciation for taking part.

For more information, please email <u>D.Sheffield@liverpool.ac.uk</u> or speak to your Educational Mental Health Practitioner



What's going on?



Free holiday activities are available for children and young people who receive benefit-related free school meals. Sessions include free activities & meals during the winter holidays. There is a range of locations, services and activities available. Click here to learn more.

The winter break can be a challenging time for some, but support is available. Click this link to learn more about the services offered during the winter period, and remember, you don't have to face it alone.





Our winner of a £20 voucher for The Vale Park Cafe is...



Remember, all you have to do to be in a chance of winning our weekly prize draw is be in school by 8:50am... simple! One raffle ticket for each day.

Parent Course Starting 9th January 2025



This course is FREE to complete if you meet eligibility criteria for funding

What you will learn:

- Understand children and young people's mental health in context
- Understand factors and risks which may affect children and young people's mental health
- Understand children and young people's mental health concerns
- Understand the impact of children and young people's mental health concerns
- Understand how to support children and young people with mental health concerns
- Knowledge of the legislation and guidance that applies to children and young people's mental health
- · Learn how society views mental health
- Learn the potential effects of mental health including puberty and bullying
- How to recognise behaviour that is associated with mental health
- Understand the appropriate approaches to supporting children and young people with mental health concerns

What you will get? **Accredited Certification**

Level 2 Children and Young Peoples Mental health







Induction:

Thursday 9th January 9.30am-2.30pm

Thursday 16th January 9.30am-2.30pm

8 Sessions Every Thursday *Support Session available from 2.30pm-4pm

New Brighton Primary School Vaughan Road, New Brighton CH45 1LH

To book on to this course or if you have any questions please contact the team:

info@3dtraining.uk.com 0151 294 4749

This programme has been funded by the Adult Skills Fund

Home Reading Champions

Class	%	Class	%	
1EG	68%	4HB	85%	
1BT	69%	4LM	70%	
10T	24%	HUB 2	86%	
2DC	42%	5NM	32%	
2RB	80%	5JH	83%	
2SA	63%	5MC	81%	
3NF	52%	6HC	84%	
3CC	85%	6RS	54%	
3LC	61%	6TS	86%	
4LJ	67%	Total	65%	

Well done to class 6TS/Hub 2 who have the highest reading average this week and to class Hub 2 who have the most improved score. Please try to read 5 times a week with your child - the results of regular reading make such a difference to them across all subjects in the curriculum.



This week's Makaton signs are:

Father Christmas & Holidays

Brought to you by children from $\operatorname{\mathsf{Hub}} 1$





Father Christmas

Holidays



School Meal Choices Week 1



мохдау

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Mac & Cheese Marconi pasta cooked in a cheese sauce and topped with cheese and baked in the oven until golden, and served with crispy bacon and sweetcorn



Burger Day Choose from a butcher's quality burger or a Quorn burger served in a bun with lettuce, tomato and mayo, served with corn on the cob and coleslaw.



Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy



Creamy Chicken Curry Choose from a homemade Creamy Chicken Curry or a Sweet Potato & Lentil Curry served with Basmati Rice, Naan bread.

Fish & Chips Choose from either Battered Cod fillet, Cod fillet fish fingers, or Quorn nuggets oven and served with chips and peas or baked beans.



Tacket Potatoes and Panínis are also available daily as a hot alternative

Dell Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.

Dessert

Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day

Drink

A selection of fruit juices and water will be available daily

Dishes and their allergen content - New Brighton Primary School (Week 1 - Food Menu)

Distres		W.	紫	A				4	(M. 1740)	2				8-
	Celety	Cereals containing pluten*	Cruetaceana	Eggs	Fleh	Lupin	Mik	Maltasc	Mustand	Num*	Peasure	Serame needs	Soya	Sulphur Dloxide
Mac & Choose		1	*				1							
Chicken Fillet Berser		1	-										30	
Beef Burger		1	-											1
Quom SF Burger	5	1		1			1			30				
Plaset Turkey & Yorkshire Pudding	6	1		1			1		61 97	2			10	
Quom Roset	9 8	1	3						32				10	
Creatry Chicken Curry & Nean		1	9	1										
Quem Curry & Nasn		1												
Salmon					1									
Battored Fish & Chice		1			1								32	
Fish Fingers & Chies	S.	1			1								50	



Attendance

We aim for 100% our target is 98%

Remember that school starts at 8:50am and any time after this is late. Formal lessons start at 9:05 and the children need to be in, registered and settled for this time.

	and the	,						
Class	%	Minutes Late		Class	%	Minutes Late		
Nutmeg	95.7	19	3CC		94.3	190		
Poppies	93.4	33		3LC 9		54		
Sweetpeas	93.1	136		4LJ 90.7		57		
Buttercups	92.7	159		4HB 93		78		
1EG	93.6	58		4LM 97.2		~ √/,.* 77		
1BT	96	100		HUB 2	85.7	5		
10T	86.6	53		5NM	91.6	15		
2DC	88.7	0		5JH	93	35		
2RB	93.7	103		5MC	90.6	131		
2SA	97.8	92		6HC	90.7	0		
HUB 1	90.6	87		6RS	92.6	17		
3NF	93.6	87		6TS	93.2	50		
Whole School								
Whole School Attendance		92.8%		Lost Lear	27 HRS 16 MINS			

Reporting a child's absence

Please remember to phone each day to report your child's absence. You can speak to the office staff or leave absence reasons on the answer machine. If reasons are not provided each day, an unauthorised mark will be entered on the register.

Punctuality is also very important, we now have a signing in screen for late arrivers and early leavers at reception.



Owl Awards



These children have been exceptional this week.

Nutmeg	Class 3CC		
All of Nutmeg!	Aurora		
Buttercups	Class 3LC		
All of the Buttercups!	Marina S		
Poppies All of the Poppies!	Class 4LJ Esme		
Sweetpeas	Class 4HB		
All of the Sweetpeas!	Charlotte		
Class 1EG	Class 4LM		
All of 1EG!	Bea		
Class 1BT	Class HUB 2		
All of 1BT!	All of Hub 2!		
Class 10T	Class 5NM		
All of 10T!	Jasper		
Class 2DC	Class 5JH		
All of 2DC!	All of 5JH		
Class 2RB	Class 5MC		
All of 2RB!	Noah P		
Class 2SA	Class 6HC		
All of 2SA!	Ged K.		
Class HUB1	Class 6RS		
All of Hub 1!	Thomas T.		
Class 3NF	Class 6TS		
All of 3NF!	Martha V.		



