



New Brighton

Weekly News



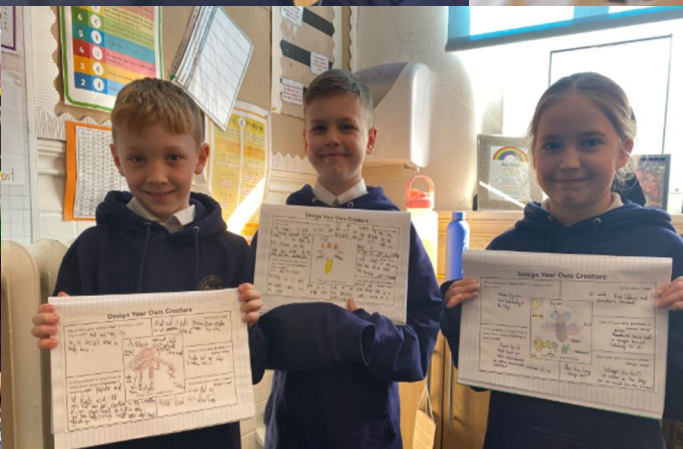
Friday 14th March



A day in the life of 6RS...



This week we have enjoyed working on the book “The Selfish Giant” by Oscar Wilde, practising finding percentages of different amounts and continuing work on our Geography topic “Our Changing Planet.” We have also participated in National Science Week, played football with the Liverpool Foundation and had a visit from Liz from Usborne books ahead of the book fair at the end of the month... what a busy week!





BRITISH SCIENCE WEEK 2025



What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so entrails young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK ... and knowing what to do about content that upsets them.

1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.

6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert

Shazia Sarwar-Azim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



Source: <https://www.bbc.com/news/technology-6024505>
<https://sproutsocial.com/insights/social-media-algorithms/>

NOS National Online Safety®
#WakeUpWednesday

New Brighton Primary School presents

SPRINGO

2

2

BINGO

All proceeds go towards our new school minibus!

16

4

30

25

Doors
4.30pm
Eyes down
5pm

Weds
April
2nd

Tickets
£7

Prizes
& cash
galore!



Admits 1 adult + 1 child
(extra adult £5, child £2.50)



Tickets on sale, Tues 25th Feb from
NBPS School Office+Brightsparks
PLUS all playgrounds from 3pm on Fridays

Ticket includes your bingo cards and a raffle ticket strip.
Refreshments available for a small donation (bring your own mug!)



PIC•COLLAGE

2RB

This week we tasted hot cross buns in R.E, celebrated International Women's day, collected minibeast data and created pictograms on our Chromebooks!



New Brighton Primary School



Is your little one turning 3 before the end of August?

Are you looking for a Nursery place?

Scan the QR code to see our Nursery video!



We can offer real flexibility for families, including 15hr sessional places, 30hr funded places and wrap-around-care for before and after school.

Come and join us for a free, Spring-themed stay-and-play to find out more!



Easter crafts and an egg hunt for the children!



Hot drinks and bacon butties for the grown-ups!

'New-to-Nursery' Stay and Play

Saturday 29th March

9.30am - 11.30am

New Brighton Primary School



Read for your school

Take part in our

Ready, Steady... Read!

from 10th March to 19th March

Get sponsored, get reading
and see what you
can achieve

In partnership with
USBORNE



Hot Chocolate with the Head

These children were invited to Mr Armer's hot chocolate afternoon. They were nominated by teachers and parents in recognition of them going above and beyond or excelling in an area, not just academically.



Well done to: Isabel, Jessica, Naol, Darcie, Theodore, Meadow and Indie.

If your child has done something that you feel is worthy of a hot chocolate then send in details to

d.armer@newbrighton.wirral.sch.uk

Thanks for all of the parent nominations last week, we take them all into consideration- looking forward to next week





Our winner of a £20 voucher for The Vale Park Cafe is...



Remember, all you have to do to be in a chance of winning our weekly prize draw is be in school by 8:50am... simple!
One raffle ticket for each day.



Scan the QR code to see this week's Makaton sign for:

Book

Brought to you by children from 2DC.

Home Reading Champions

| Class | % | Class | % |
|------------|-----|-------|-----|
| | | 3LC | 86% |
| SWEETPEAS | 48% | 4LJ | 85% |
| POPPIES | 29% | 4HB | 70% |
| BUTTERCUPS | 83% | 4LM | 83% |
| 1EG | 67% | HUB 2 | 72% |
| 1BT | 60% | 5NM | 61% |
| 1OT | 39% | 5JH | 60% |
| 2DC | 46% | 5MC | 71% |
| 2RB | 88% | 6HC | 71% |
| 2SA | 64% | 6RS | 57% |
| 3NF | 68% | 6TS | 86% |
| 3CC | 96% | Total | 71% |

Well done to class 3CC who have the highest reading average this week and to class 2RB who have the most improved score. Please try to read 5 times a week with your child - the results of regular reading make such a difference to them across all subjects in the curriculum.



On Friday 21st March we will be celebrating Red Nose day in school. All children are welcome to come in non-uniform (this is optional if children feel more comfortable in their uniform) and wear something red to recognise and celebrate this important day. Pupils are also welcome to bring a small donation.



Free Webinar

Understanding Autism: Meltdowns & Emotions



03.04.2025



10am

Register your place at witherslackgroup.co.uk/autism-meltdowns-emotions



WIRRAL MHST Parent & Carer Newsletter

NHS
Cheshire and Wirral
Partnership
NHS Foundation Trust



Welcome back to our Wirral Mental Health Support Team (MHST's), parent & carer newsletter. This is our regular update from the local team supporting Wirral schools and colleges with all things mental wellbeing. We hope you have a lovely Christmas and a Happy New Year

If you have any feedback about the newsletter feel free to contact us via cwp.adminmhst@nhs.net

If you would like to share your feedback with us, please scan the QR code above and select our service, MHST Wirral. Your feedback is really appreciated as it helps us improve our service for other children, young people, and families that we support. The feedback we capture will be anonymous

Transition

Moving from primary school to high school is an important life event and can be a positive and exciting time.

The workshop is FREE to attend for parents and carers.

Some practical approaches that schools can use to support a smooth transition

How parents/carers can prepare and support their children for the move to high school.

During the workshop there will be opportunities for parents/carers to learn about transition and to ask questions.

The workshop will take place on Microsoft Teams and is available on either 27th March at 12-1pm or 31st March 5-6pm. If you are interested in attending, please indicate your preferred date and reserve your spot by sending an email to cwp.wirralmhstadmin@nhs.net. Please note that the event is an online session, and booking is essential. The flyer will also be sent out by your child's school.

SENDLO Upcoming Drop In Events

25th April – Friday. Bedford Drive, 2-4pm
22nd May – Thursday. Egremont Primary, 9-11am
25th June – Wednesday. South Wirral High 4-6pm
10th July – Thursday. Bidston Avenue – this will be a transition focussed event to prepare families for the summer break.

Koala North West

The 'Koala North West Sleep Service' is aimed at supporting parents of a child between 2 and 11 years, where the child has difficulty settling at night, frequently wakes throughout the night or wakes early to start the day.

[Click here for more information](#)

What's going on



Join Kym
Every Monday
334 Laird Street 13:30-15:00
Birkenhead CH41 7AL
Phone: 0151 670 9974

Fusion Studios Bromborough, Easter break work shop
If you would like a place please contact Dawn on 07428733855



Spring 4iLL Academy Music Camp in partnership with Birkenhead Library funded by Arts Councils England and Youth Music. The FREE programme is for YP 11-17 years old and will run from 8th-11th April

Mental Health Support Team CYPMHS

NHS
Cheshire and
Wirral Partnership
NHS Foundation Trust

Are you worried about your child's transition to secondary school and would like to find ways to support them?



JOIN US FOR ONE OF OUR, TRANSITION TO SECONDARY SCHOOL ONLINE PARENT/CARER WORKSHOPS

During the workshop there will be opportunities for parents/carers to learn about transition and an opportunity to ask questions.

The workshop will take place on Microsoft Teams, and is available on either 27th March at 12-1pm or 31st March 5-6pm.

If you would like to attend, please state which date you would like to attend, by booking your place, emailing cwp.wirralmhstadmin@nhs.net

Want tips and tools for family life in Wirral?



Open up your



Because life doesn't come with a manual

There's a reason why they say being a parent is 'the hardest job in the world'.

But there's good news:
You don't have to do it on your own.

familytoolbox.co.uk



Attendance

We aim for 100% our target is 98%

Remember that school starts at 8:50am and any time after this is late. Formal lessons start at 9:05 and the children need to be in, registered and settled for this time.



| Class | % | Minutes Late | Class | % | Minutes Late |
|--------------------------------|--------------|--------------|----------------------|--------------------------|--------------|
| Nutmeg | 92.5 | 65 | 3CC | 97.3 | 106 |
| Poppies | 91.7 | 15 | 3LC | 96.8 | 71 |
| Sweetpeas | 93.8 | 27 | 4LJ | 94.8 | 3 |
| Buttercups | 96.5 | 223 | 4HB | 92.9 | 55 |
| 1EG | 95.4 | 10 | 4LM | 98 | 27 |
| 1BT | 97.7 | 296 | HUB 2 | 83.9 | 35 |
| 10T | 97.5 | 15 | 5NM | 93.1 | 110 |
| 2DC | 90.7 | 114 | 5JH | 91 | 43 |
| 2RB | 95.8 | 119 | 5MC | 95.1 | 260 |
| 2SA | 97.9 | 56 | 6HC | 97 | 211 |
| HUB 1 | 98.9 | 0 | 6RS | 88.6 | 201 |
| 3NF | 93.4 | 213 | 6TS | 96.4 | 11 |
| Whole School | | | | | |
| Whole School Attendance | 94.5% | | Lost Learning | 38 HRS 6 mins | |

Reporting a child's absence

Please remember to phone each day to report your child's absence. You can speak to the office staff or leave absence reasons on the answer machine. If reasons are not provided each day, an unauthorised mark will be entered on the register.

Punctuality is also very important, we now have a signing in screen for late arrivers and early leavers at reception.



Owl Awards



These children have been exceptional this week.

| | |
|---------------------------------------|---------------------------------|
| Nutmeg Theo & Delilah | Class 3CC George |
| Buttercups Dylan & Hanna | Class 3LC Casper |
| Poppies Orla & Amelia B | Class 4LJ Mila & Theo |
| Sweetpeas Talía & Daisy-Rey | Class 4HB Mia B |
| Class 1EG Harley | Class 4LM Max |
| Class 1BT Alisia-Leigh | Class HUB 2 Zack |
| Class 10T Esmæ | Class 5NM Betsy |
| Class 2DC Audrey | Class 5JH Athena |
| Class 2RB Heidi | Class 5MC Darcie W |
| Class 2SA Isla G | Class 6HC Lydia S. |
| Class HUB1 Ronnie | Class 6RS Joe H. |
| Class 3NF Gabriel | Class 6TS Cameron B. |

